## **COURSE SCHEDULE**

|  |  |
| --- | --- |
| **DAY 1**  **8:30 am – 9:00 am**  **REGISTRATION**.   * **Pre-Course EXAM:** Get primed to learn! You are not expected to know the answers, and this does not count for your certification.   **9:00 am – 10:45 am**   * **Introduction to LSVT BIG Paradigm Shifts** * **Overview of Parkinson's disease**   **10:45 am – 11:00 am**  **BREAK.**  **11:00 am – 12:30 pm**   * **Patient Demonstration: See a live or video demonstration of LSVT BIG techniques with a person who has Parkinson disease and an LSVT BIG instructor** * **Review of efficacy data for LSVT LOUD and LSVT BIG.** * **Introduction to Methods – Neuroplasticity-based Rationale**   **12:30 pm – 1:30 pm**   * **LUNCH** (lunch will be provided). **1:30 pm – 3:15 pm** * **LSVT BIG Maximal Daily Exercises**   **3:15 pm – 3:30 pm**  **BREAK.**  **3:30 pm – 5:00 pm**   * **LSVT BIG Functional Component Tasks and Hierarchy Tasks** | **DAY 2**  **9:00 am – 10:45 am**   * **BIG Walking, LSVT BIG Teaching Techniques, Calibration**   **10:45 am – 11:00 am**  **BREAK.**  **11:00 am – 12:30 am**   * **Role play of a partial LSVT BIG treatment session using case scenarios** * **Follow-up Recommendations.** * **LSVT BIG Quantification, Documentation and Reimbursement.** * **Interdisciplinary Care in Parkinson's Disease(PD).**   **12: 30 am – 1:00 pm**   * **EXAM** – 85% pass required for certification.   **1:00 pm – 1:45 pm**   * **LUNCH** (lunch will be provided). **1:45 pm – 2:00 pm** * **Prepare for Exercise Interaction.**   **2:00 pm – 3:15 pm**   * **“Hands - on” Practice:** Practice the LSVT BIG methods with each other and/or with volunteers who have Parkinson’s disease. **3:15 pm – 4:00 pm** * **Implementation and Future Directions**  **LSVT BIG Course Conclusions.** |