## **COURSE SCHEDULE**

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| **DAY 1** **8:30 am – 9:00 am**  **REGISTRATION**. * **Pre-Course EXAM:** Get primed to learn! You are not expected to know the answers, and this does not count for your certification.

**9:00 am – 10:45 am** * **Introduction to LSVT BIG Paradigm Shifts**
* **Overview of Parkinson's disease**

**10:45 am – 11:00 am**  **BREAK.** **11:00 am – 12:30 pm** * **Patient Demonstration: See a live or video demonstration of LSVT BIG techniques with a person who has Parkinson disease and an LSVT BIG instructor**
* **Review of efficacy data for LSVT LOUD and LSVT BIG.**
* **Introduction to Methods – Neuroplasticity-based Rationale**

**12:30 pm – 1:30 pm** * **LUNCH** (lunch will be provided). **1:30 pm – 3:15 pm**
* **LSVT BIG Maximal Daily Exercises**

**3:15 pm – 3:30 pm**  **BREAK.** **3:30 pm – 5:00 pm** * **LSVT BIG Functional Component Tasks and Hierarchy Tasks**
 | **DAY 2** **9:00 am – 10:45 am** * **BIG Walking, LSVT BIG Teaching Techniques, Calibration**

**10:45 am – 11:00 am**  **BREAK.** **11:00 am – 12:30 am** * **Role play of a partial LSVT BIG treatment session using case scenarios**
* **Follow-up Recommendations.**
* **LSVT BIG Quantification, Documentation and Reimbursement.**
* **Interdisciplinary Care in Parkinson's Disease(PD).**

**12: 30 am – 1:00 pm** * **EXAM** – 85% pass required for certification.

**1:00 pm – 1:45 pm** * **LUNCH** (lunch will be provided). **1:45 pm – 2:00 pm**
* **Prepare for Exercise Interaction.**

**2:00 pm – 3:15 pm** * **“Hands - on” Practice:** Practice the LSVT BIG methods with each other and/or with volunteers who have Parkinson’s disease. **3:15 pm – 4:00 pm**
* **Implementation and Future Directions**  **LSVT BIG Course Conclusions.**
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